



Legislative Assembly
Assemblée législative

Meeting: SD 90-18-2018

STANDING COMMITTEE ON SOCIAL DEVELOPMENT

WEDNESDAY, FEBRUARY 14, 2018
COMMITTEE ROOM "A"

10:30AM

AGENDA

1. **Prayer**
2. **Review and Adoption of Agenda**
 - a) Decision on *In Camera* items (items marked with an asterisk [*] may be dealt with in camera)
3. **Declaration of Conflicts of Interest**
4. **Today's Committee Business:**
 - a) **Briefing on Long Term Care Wait Times with the Honourable Minister Glen Abernethy**
5. **Date and Time of Next Meeting: February 21, 2018 10:30 AM**
6. **Adjournment**

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Litr'iljil NWT Eenjit • Begha xelek'etereðehbeke • Góhdli Ndéh ts'ę K'aodhe Lénagedéh Gok'éh • Ek'e-tehtso Doy Weniµt...!
e-kou • Itasiwe'win Mámáw'payiwín • Beba xefegéth Dēne Dēlth'i • Maligaliuqtit • Malirutiliuqtiqpait Katimaviat • ᑭᓕᓕᐅᖃᓂᐅᑦ

MINISTER'S OPENING COMMENTS
STANDING COMMITTEE ON SOCIAL PROGRAMS
FEBRUARY 14, 2018
LONG TERM CARE WAIT TIMES

- Good afternoon and thank you for the opportunity to meet with you today regarding the long term care wait times.
- I look forward to sharing this information about our long term care program, and hope it will give you a better understanding of the complexity of planning to meet the long term care needs of seniors and elders in our communities.
- I have the following staff with me this morning:
 - Mr. Bruce Cooper, Deputy Minister;
 - Ms. Jo-Anne Hubert, Assistant Deputy Minister – Health Programs;
 - Ms. Victorine Lafferty, Director of Seniors and Continuing Care Services;
 - Ms. Cate Sills, Senior Advisor to the Deputy Minister;
 - Ms. Susan Laramée, my Special Ministerial Advisor.
- Seniors' are the fastest growing age group in the NWT.
- Therefore, meeting the health and social needs of our Elders and Seniors' is an essential goal for our government.

- This aging population will continue to increase the demand and utilization of health care services.
- We also know that Elders and Seniors' care can be very complex and often require the greatest level of care.
- Within the Continuing Care Action Plan we have committed to improving our long term care operations so we can meet Elders and Seniors needs when they can no longer be cared for at home.
- This is one of many activities we are undertaking to support the current mandate of the Government of the Northwest Territories to take action so that seniors can age in place.
- I would like to now ask Mr. Bruce Cooper and Ms. Jo-Anne Hubert to provide us with an overview of Long Term Care Application and Admission processes and data, followed by any questions you may have for me.



Long Term Care Wait Time Standing Committee on Social Programs

February 14, 2018

Best | Best | Better
health | care | future

Government of
Northwest Territories

Mandate of the 18th Assembly

“Taking action so that seniors can age in place”

We will support elders to live in their own homes for as long as possible, and ensure adequate supports are available for those who can no longer do so, by:

- Developing a framework for long term care
- Developing and implementing an action plan for enhanced home and community care services
- Developing and implementing an action plan for palliative care services

Caring for Our People

- Vision - a health and social services system that supports the residents of the NWT to be as healthy as they can be.
- It establishes strategic direction for the system to achieve the vision of *Best Health, Best Care, for a Better Future*.
- Priority 5 is focused on Seniors and Elders.

Our Elders, Our Communities

- *Our Elders, Our Communities* Strategic Framework
- 7 priority areas:
 - Healthy and active aging
 - Home and community care services
 - Integrated and coordinated service delivery
 - Caregiver supports
 - Elder responsive communities
 - Accessible and current information
 - Sustainable best practices

Continuing Care Services Action Plan





















- The Action Plan spans the fiscal years of 2017-18 to 2021-22
- To enhance and improve Continuing Care Services in the areas of:
 - **long term care** - Plan to increase LTC beds based on projected needs
 - **home and community care**
 - **palliative care services**

Aging in Place

- Our goal is to help elders live in their own homes for as long as possible and ensure adequate supports are available for those who can no longer do so
- Seniors require a continuum of supports to successfully age in their homes and communities
- Long term care is not Senior's housing, it is for individuals with complex care needs that cannot be met through home and community services

NWT Continuum of Care

Continuing Care Levels of Service

Living Arrangements			Continuing Care Levels of Service					
Private/Public Housing or Senior Residence	Group Home or Supported Living	Extended Care or Long Term Care Facility						
								
			Level 1	Level 2	Level 3	Level 4	Level 5	Level 6
Independent Living Persons living in private/public housing or seniors residence who do not require support								
Home Care Persons living in their own home or public housing who needs assistance with daily activities and personal care								
Supported Living Persons requiring 24-hour support and supervision who generally do not have medical needs or require nursing care								
Long Term Care/Dementia Care Persons with complex care needs who cannot live independently and require 24-hour access to nursing services								
Extended Care Persons with complex issues requiring 24-hour nursing care, support from other health professionals and medical supervision								

Demystifying the Wait List

- The availability of long-term care beds can be different based on home, bed type, eligibility category and according to individual need.
- The long term care wait list is not managed on a first come – first service basis
- The placement priority is based on a professional assessment of the individual's care needs; and changes in their needs over time.
- Clients on the waitlist with lower care needs will be waiting longer. This will be captured within the median wait time once they receive an offer of placement.

Territorial Admissions Committee

- TAC established in 2009 to streamline applications for long term care. Members of the TAC includes:
 - TAC CHAIR: The Department's Manager responsible for Continuing Care is the Chair of the Committee
 - Four representatives of HSSAs with responsibility for LTC facilities and services (on a rotational basis).
 - Two DHSS staff with responsibility for Long Term Care, Home Care or Supportive Living.
 - One public representative.
- TAC meets monthly to review applications
- Clients and families can appeal decisions to the Deputy Minister

TAC Objectives

- Ensure equitable access to long term care based on care needs
- Develop efficient referral and review processes
- Maintain client confidentiality

Reassessments

- Reassessments are required when:
 - The applicant is already placed in a facility & their care level need has changed
 - The applicant has been on the Territorial Wait List for 6 months or more

LTC Data – Wait List January 2018

LTC Summary	Community	Transfer	Vacant Beds
Aven Manor	12	2	0
TDF - LTC Dementia	8	0	0
Inuvik Long Term Care Unit	5	0	0
Hay River (HH Williams&WLM)	0	0	2
Stanton ECU	0	0	0
Jimmy Erasmus	1	0	4
Ft. Simpson Elder Care Home	4	0	0
Northern Lights (Ft. Smith)	1	2	0
Total:	31	4	6

As of January 31, 2018

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FB18

DATED

Felicia Benoit, 2/8/2018

FB19

COMMUNITY INCLUDES ALC

Felicia Benoit, 2/8/2018

Various factors affect the wait list

- Number of individuals on wait list is an **indicator** of demand for LTC beds
- Affected by many things, but most often ability of family caregivers and HSS supports to care for a person in their home.
- 58 days is the median waiting time for admission into a long-term care bed, meaning half wait longer and half wait less.

NWT Long Term Care Beds

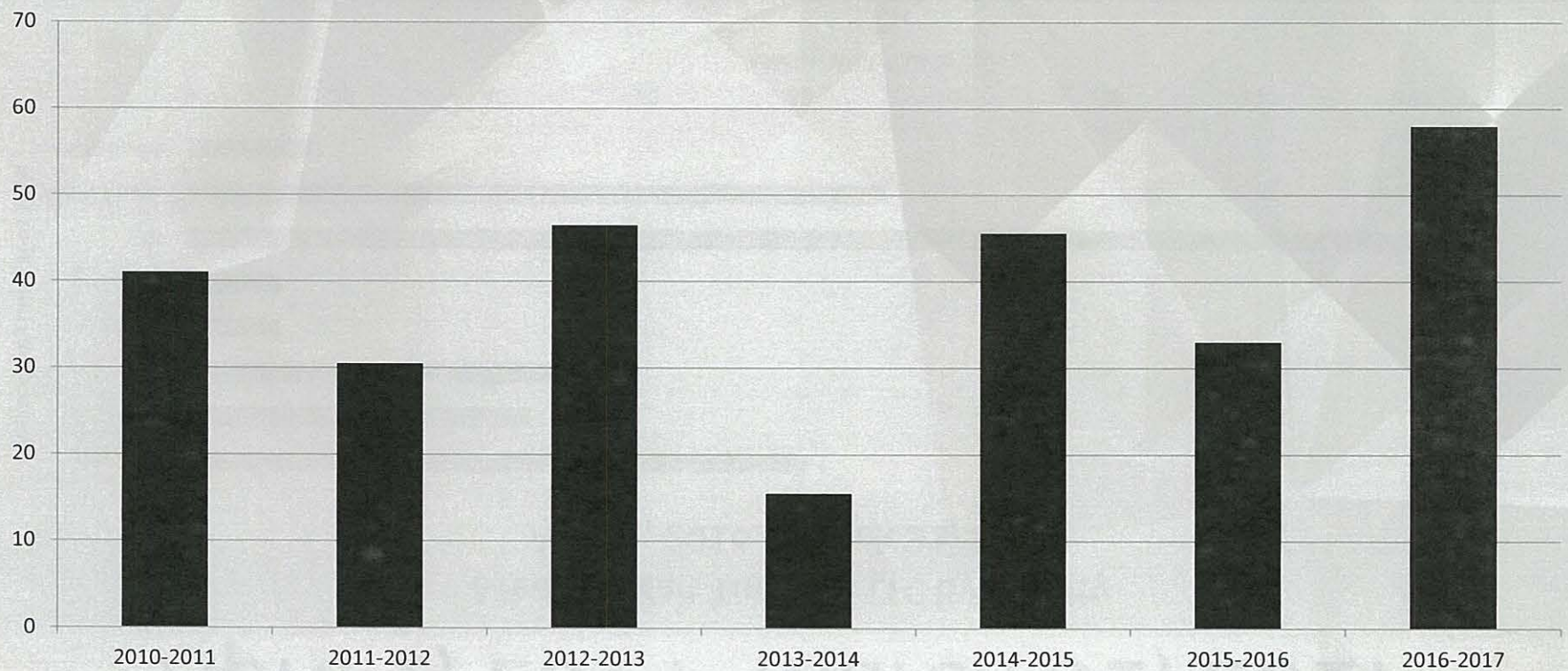
Region	Community	Name of Facility	Total Beds	Number of LTC Beds	Respite /Palliative Bed(s) Total
Tlcho	Behchoko	Jimmy Erasmus Seniors Home Level 3 and 4	18	16	2
Beaufort-Delta	Inuvik	Inuvik Hospital Long Term Care Unit Level 3 and 4	25	22	3
Fort Smith	Fort Smith	Northern Lights Special Care Home Level 3 and 4	28	26	2
Hay River	Hay River	H.H. Williams & Woodland Manor Level 3 and 4	25	23	2
Dehcho	Fort Simpson	Fort Simpson Elders' Care Home Level 3 and 4	18	17	1
YK	YK	AVEN Manor Level 3 and 4	29	28	1
YK	YK	AVEN Cottages - Territorial Dementia Facility Level 3 and 4	28	25	3
Stanton	YK	Stanton Territorial Hospital Extended Care Unit Level 5	12	10	2
LTC Totals:			183	167	16

TAC Waitlist Analysis

- TAC reviewed on average, 6.5 applications monthly from 2010-11 to 2016-17. The # of monthly applications ranged from 3 to 14
- In 2016-17, the median wait time for long term care was 58 days,
 - Median time means half will wait longer and half will wait less
- Some individuals wait a long time for placement
 - This can happen if they apply when their care needs are low

LTC Data - Median Wait Time

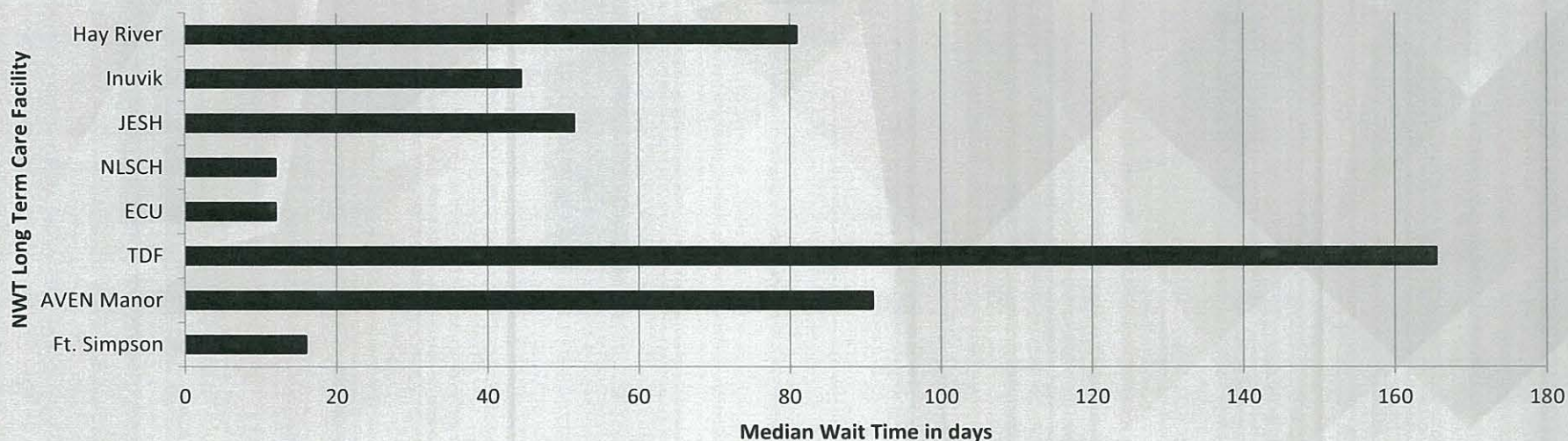
Overall Median Wait Time for NWT LTC Facilities



LTC Data – Median Wait Time

April 1, 2014- March 31, 2017

Median Wait Time for LTC by Facility
April 1, 2014 - March 31, 2015



WL Data by Region of clients admitted into LTC for April 1, 2014 - March 31, 2017

	Ft. Simpson	AVEN Manor	TDF	ECU	NLSCH	JESH	Inuvik	Hay River	TOTAL
Clients	11	21	10	11	22	10	24	24	133
Median WT in days	16	91	166	12	12	52	45	81	46

LTC Data – Level of Care of Clients on Wait List

	AVEN Manor		AVEN Cottages		Inuvik LTC		Hay River LTC		Stanton ECU		JESH		Fort Simpson		NLSCH	
NWT Level of Care	3	4	3	4	3	4	3	4	4	5	3	4	3	4	3	4
	7	7	1	7	1	3	0	0	0	0	1	0	2	2	0	3

As of January 31, 2018
Includes all clients on the Territorial Wait List

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FB20

ADD BREAKDOWN OF LEVEL OF CARE _ JAN 2018

Felicia Benoit, 2/8/2018

TAC Application Process

Clients whose care needs can no longer be met in their community work with a Case Manager to fill out LTC application.

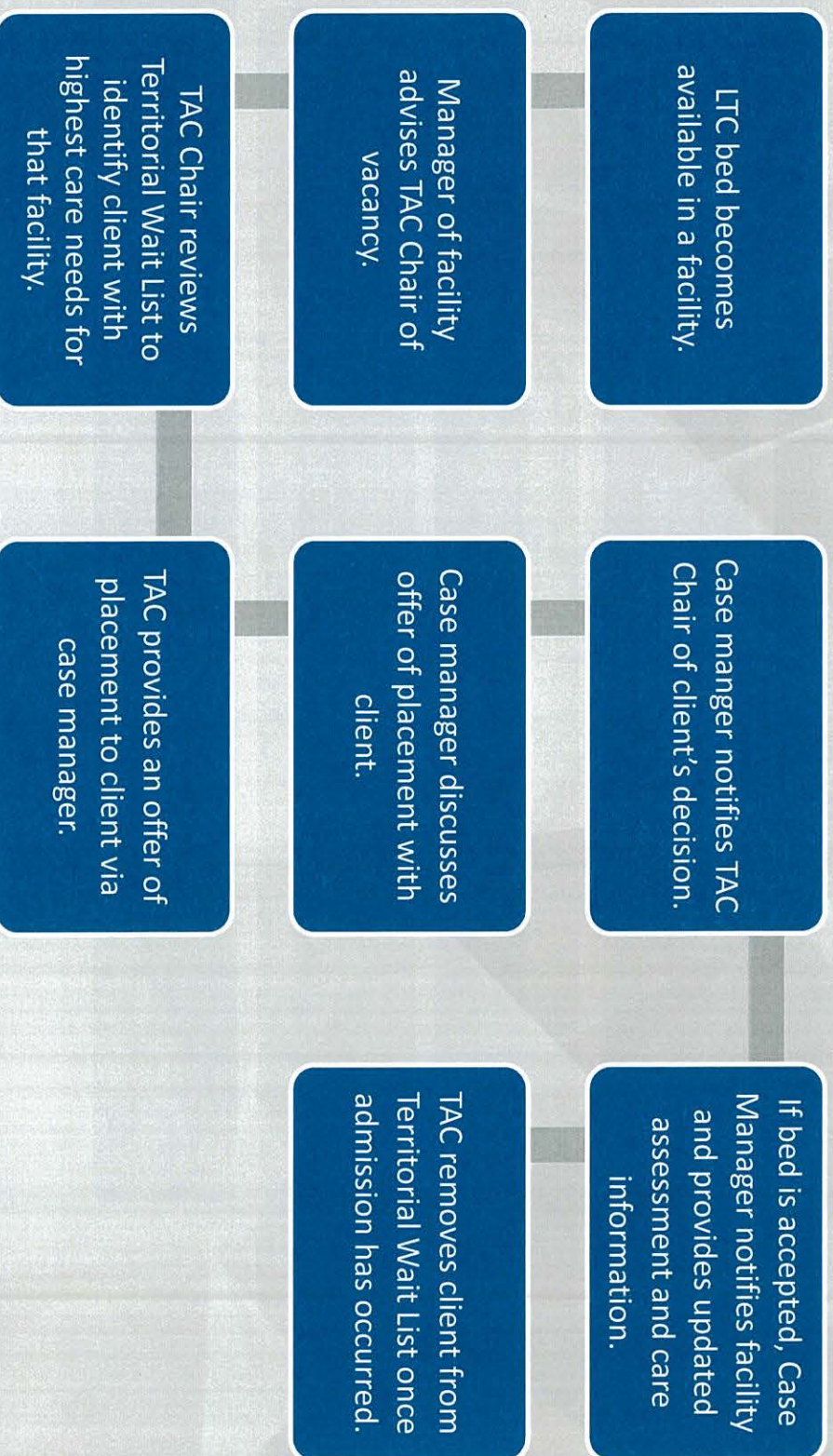
Case Manager submits LTC application to TAC via secure file transfer by monthly deadline

TAC admin reviews application for completeness and works with Case Manager to obtain complete application

TAC reviews complete application at regularly scheduled monthly meeting (Eligibility and Priority)

TAC notifies Case Manager in writing of clients eligibility for LTC

Vacant Bed Process

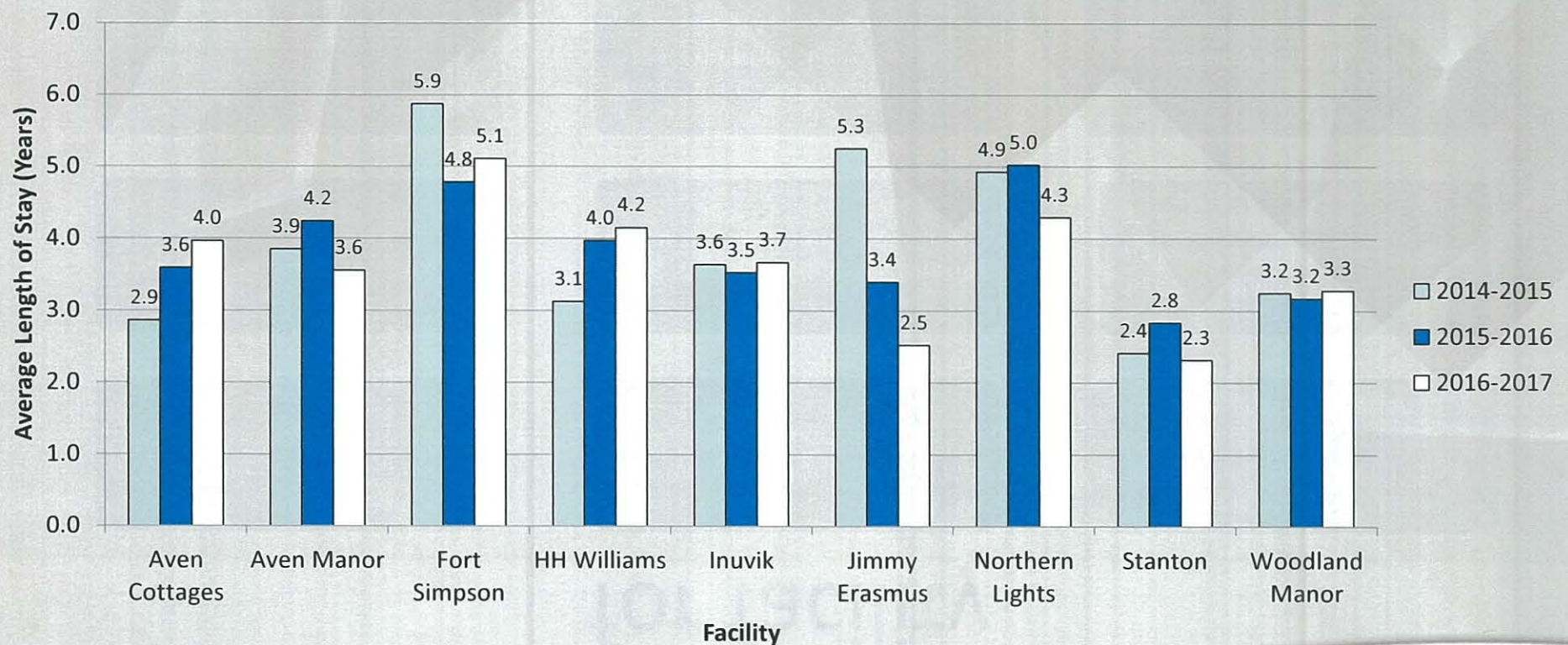


Vacant Bed – No one on Wait List for facility



LTC Data – Average Length of Stay

Average Length of Stay of Residents in LTC Facilities in the NWT



NWT Facility – Occupancy Rates

	Woodland Manor	Inuvik	AVEN Manor	AVEN Cottages (TDF)	Northern Lights (NLSCH)	Stanton ECU	Fort Simpson	HH Williams	Jimmy Erasmus
2014-2015	99.28%	97.89%	99.28%	99.37%	89.56%	71.42%	93.92%	96.96%	100%
2015-2016	96.02%	97.29%	99.19%	100%	79.96%	72.96%	97.31%	98.99%	97.80%
2016-2017	96.99%	91.67%	97.62%	98.49%	91.57%	93.11%	95.09%	94.92%	96.24%

Future Initiatives

- Capital investments to meet requirements for long-term care and dementia beds
- Proposing a regulatory framework for long-term care
- Enhancing home and community care services
- Introducing a paid family /community caregiver option
- Inter-RAI for client assessment

Continue working with our GNWT partners:

- To build more Seniors' Independent Living units
- Market preventative maintenance, mobility renovation upgrades