

**Standard Income Assistance Benefits by Household Composition\***

Community	Single 19 year old**	Single Parent with 3 children**	Unemployed couple with two children**	Single Senior**
Aklavik	Food: \$524 Clothing: \$109 Shelter: \$900 Utilities: actual cost Fuel: actual cost	Food: \$1,048 Clothing: \$218 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$1,048 Clothing: \$218 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$524 Clothing: \$109 Disability: \$300 Incidentals: \$63 Shelter: market rent Utilities: actual cost Fuel: actual cost
Behchoko	Food: \$390 Clothing: \$82 Shelter: \$900 Utilities: actual cost Fuel: actual cost	Food: \$781 Clothing: \$164 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$781 Clothing: \$164 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$390 Clothing: \$82 Disability: \$300 Incidentals: \$47 Shelter: market rent Utilities: actual cost Fuel: actual cost
Colville Lake	Food: \$530 Clothing: \$112 Shelter: \$900 Utilities: actual cost Fuel: actual cost	Food: \$1,061 Clothing: \$226 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$1,061 Clothing: \$226 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$530 Clothing: \$112 Disability: \$300 Incidentals: \$64 Shelter: market rent Utilities: actual cost Fuel: actual cost
Deline	Food: \$547 Clothing: \$109 Shelter: \$900 Utilities: actual cost Fuel: actual cost	Food: \$1,093 Clothing: \$218 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$1,093 Clothing: \$218 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$547 Clothing: \$109 Disability: \$300 Incidentals: \$66 Shelter: market rent Utilities: actual cost Fuel: actual cost

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Dettah/N'Dilo	Food: \$286 Clothing: \$79 Shelter: \$900 Utilities: actual cost Fuel: actual cost	Food: \$571 Clothing: \$158 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$571 Clothing: \$158 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$286 Clothing: \$79 Disability: \$300 Incidentals: \$36 Shelter: market rent Utilities: actual cost Fuel: actual cost
Enterprise	Food: \$312 Clothing: \$86 Shelter: \$900 Utilities: actual cost Fuel: actual cost	Food: \$624 Clothing: \$172 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$624 Clothing: \$172 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$312 Clothing: \$86 Disability: \$300 Incidentals: \$40 Shelter: market rent Utilities: actual cost Fuel: actual cost
Fort Good Hope	Food: \$545 Clothing: \$109 Shelter: \$900 Utilities: actual cost Fuel: actual cost	Food: \$1,090 Clothing: \$218 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$1,090 Clothing: \$218 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$545 Clothing: \$109 Disability: \$300 Incidentals: \$65 Shelter: market rent Utilities: actual cost Fuel: actual cost
Fort Liard	Food: \$387 Clothing: \$89 Shelter: \$900 Utilities: actual cost Fuel: actual cost	Food: \$774 Clothing: \$178 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$774 Clothing: \$178 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$387 Clothing: \$89 Disability: \$300 Incidentals: \$48 Shelter: market rent Utilities: actual cost Fuel: actual cost
Fort McPherson	Food: \$466 Clothing: \$103 Shelter: \$900 Utilities: actual cost Fuel: actual cost	Food: \$932 Clothing: \$206 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$932 Clothing: \$206 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$466 Clothing: \$103 Disability: \$300 Incidentals: \$57 Shelter: market rent Utilities: actual cost Fuel: actual cost

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Fort Providence	Food: \$359 Clothing: \$89 Shelter: \$900 Utilities: actual cost Fuel: actual cost	Food: \$717 Clothing: \$178 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$717 Clothing: \$178 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$359 Clothing: \$89 Disability: \$300 Incidentals: \$45 Shelter: market rent Utilities: actual cost Fuel: actual cost
Fort Resolution	Food: \$374 Clothing: \$92 Shelter: \$900 Utilities: actual cost Fuel: actual cost	Food: \$748 Clothing: \$185 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$748 Clothing: \$185 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$374 Clothing: \$92 Disability: \$300 Incidentals: \$47 Shelter: market rent Utilities: actual cost Fuel: actual cost
Fort Simpson	Food: \$405 Clothing: \$92 Shelter: \$900 Utilities: actual cost Fuel: actual cost	Food: \$812 Clothing: \$185 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$812 Clothing: \$185 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$405 Clothing: \$92 Disability: \$300 Incidentals: \$50 Shelter: market rent Utilities: actual cost Fuel: actual cost
Fort Smith	Food: \$321 Clothing: \$86 Shelter: \$900 Utilities: actual cost Fuel: actual cost	Food: \$643 Clothing: \$172 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$643 Clothing: \$172 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$321 Clothing: \$86 Disability: \$300 Incidentals: \$41 Shelter: market rent Utilities: actual cost Fuel: actual cost
Gameti	Food: \$431 Clothing: \$99 Shelter: \$900 Utilities: actual cost Fuel: actual cost	Food: \$875 Clothing: \$200 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$875 Clothing: \$200 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$431 Clothing: \$99 Disability: \$300 Incidentals: \$54 Shelter: market rent Utilities: actual cost Fuel: actual cost

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Hay River	Food: \$324 Clothing: \$86 Shelter: \$900 Utilities: actual cost Fuel: actual cost	Food: \$648 Clothing: \$172 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$648 Clothing: \$172 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$324 Clothing: \$86 Disability: \$300 Incidentals: \$41 Shelter: market rent Utilities: actual cost Fuel: actual cost
Katlocheeche First Nation	Food: \$304 Clothing: \$86 Shelter: \$900 Utilities: actual cost Fuel: actual cost	Food: \$609 Clothing: \$172 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$609 Clothing: \$172 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$304 Clothing: \$86 Disability: \$300 Incidentals: \$39 Shelter: market rent Utilities: actual cost Fuel: actual cost
Inuvik	Food: \$401 Clothing: \$99 Shelter: \$900 Utilities: actual cost Fuel: actual cost	Food: \$802 Clothing: \$200 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$802 Clothing: \$200 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$401 Clothing: \$99 Disability: \$300 Incidentals: \$50 Shelter: market rent Utilities: actual cost Fuel: actual cost
Jean Marie River	Food: \$408 Clothing: \$95 Shelter: \$900 Utilities: actual cost Fuel: actual cost	Food: \$817 Clothing: \$191 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$817 Clothing: \$191 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$408 Clothing: \$95 Disability: \$300 Incidentals: \$50 Shelter: market rent Utilities: actual cost Fuel: actual cost
Kakisa	Food: \$360 Clothing: \$89 Shelter: \$900 Utilities: actual cost Fuel: actual cost	Food: \$720 Clothing: \$178 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$720 Clothing: \$178 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$360 Clothing: \$89 Disability: \$300 Incidentals: \$45 Shelter: market rent Utilities: actual cost Fuel: actual cost

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Lutselk'e	Food: \$500 Clothing: \$103 Shelter: \$900 Utilities: actual cost Fuel: actual cost	Food: \$999 Clothing: \$206 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$999 Clothing: \$206 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$500 Clothing: \$103 Disability: \$300 Incidentals: \$60 Shelter: market rent Utilities: actual cost Fuel: actual cost
Nahanni Butte	Food: \$483 Clothing: \$95 Shelter: \$900 Utilities: actual cost Fuel: actual cost	Food: \$966 Clothing: \$191 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$966 Clothing: \$191 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$483 Clothing: \$95 Disability: \$300 Incidentals: \$58 Shelter: market rent Utilities: actual cost Fuel: actual cost
Norman Wells	Food: \$535 Clothing: \$103 Shelter: \$900 Utilities: actual cost Fuel: actual cost	Food: \$1068 Clothing: \$206 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$1068 Clothing: \$206 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$535 Clothing: \$103 Disability: \$300 Incidentals: \$64 Shelter: market rent Utilities: actual cost Fuel: actual cost
Paulatuk	Food: \$633 Clothing: \$112 Shelter: \$900 Utilities: actual cost Fuel: actual cost	Food: \$1266 Clothing: \$226 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$1266 Clothing: \$226 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$633 Clothing: \$112 Disability: \$300 Incidentals: \$74 Shelter: market rent Utilities: actual cost Fuel: actual cost
Sachs Harbour	Food: \$564 Clothing: \$112 Shelter: \$900 Utilities: actual cost Fuel: actual cost	Food: \$1127 Clothing: \$226 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$1127 Clothing: \$226 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$564 Clothing: \$112 Disability: \$300 Incidentals: \$68 Shelter: market rent Utilities: actual cost Fuel: actual cost

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Trout Lake	Food: \$473 Clothing: \$106 Shelter: \$900 Utilities: actual cost Fuel: actual cost	Food: \$947 Clothing: \$212 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$947 Clothing: \$212 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$473 Clothing: \$106 Disability: \$300 Incidentals: \$58 Shelter: market rent Utilities: actual cost Fuel: actual cost
Tsiigehtchic	Food: \$438 Clothing: \$103 Shelter: \$900 Utilities: actual cost Fuel: actual cost	Food: \$876 Clothing: \$206 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$876 Clothing: \$206 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$438 Clothing: \$103 Disability: \$300 Incidentals: \$54 Shelter: market rent Utilities: actual cost Fuel: actual cost
Tuktoyaktuk	Food: \$590 Clothing: \$109 Shelter: \$900 Utilities: actual cost Fuel: actual cost	Food: \$1,179 Clothing: \$218 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$1,179 Clothing: \$218 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$590 Clothing: \$109 Disability: \$300 Incidentals: \$70 Shelter: market rent Utilities: actual cost Fuel: actual cost
Tulita	Food: \$544 Clothing: \$106 Shelter: \$900 Utilities: actual cost Fuel: actual cost	Food: \$1,087 Clothing: \$212 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$1,087 Clothing: \$212 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$544 Clothing: \$106 Disability: \$300 Incidentals: \$65 Shelter: market rent Utilities: actual cost Fuel: actual cost
Ulukhaktok	Food: \$536 Clothing: \$112 Shelter: \$900 Utilities: actual cost Fuel: actual cost	Food: \$1,073 Clothing: \$226 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$1,073 Clothing: \$226 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$536 Clothing: \$112 Disability: \$300 Incidentals: \$65 Shelter: market rent Utilities: actual cost Fuel: actual cost

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Wekweeti	Food: \$486 Clothing: \$86 Shelter: \$900 Utilities: actual cost Fuel: actual cost	Food: \$972 Clothing: \$172 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$972 Clothing: \$172 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$486 Clothing: \$86 Disability: \$300 Incidentals: \$57 Shelter: market rent Utilities: actual cost Fuel: actual cost
Whati	Food: \$436 Clothing: \$99 Shelter: \$900 Utilities: actual cost Fuel: actual cost	Food: \$872 Clothing: \$200 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$872 Clothing: \$200 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$436 Clothing: \$99 Disability: \$300 Incidentals: \$54 Shelter: market rent Utilities: actual cost Fuel: actual cost
Wrigley	Food: \$501 Clothing: \$103 Shelter: \$900 Utilities: actual cost Fuel: actual cost	Food: \$1002 Clothing: \$206 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$1002 Clothing: \$206 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$501 Clothing: \$103 Disability: \$300 Incidentals: \$60 Shelter: market rent Utilities: actual cost Fuel: actual cost
Yellowknife	Food: \$286 Clothing: \$79 Shelter: \$900 Utilities: actual cost Fuel: actual cost	Food: \$571 Clothing: \$158 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$571 Clothing: \$158 Shelter: market rent Utilities: actual cost Fuel: actual cost	Food: \$286 Clothing: \$79 Disability: \$300 Incidentals: \$36 Shelter: market rent Utilities: actual cost Fuel: actual cost

\* Assuming no income in the household

\*\* Enhanced benefits such as child care, educational expenses, furniture, security deposits, emergency allowance, and record suspension fees are not included.